

CCC

PRODUCTION  
CATERING

*To all those who love great food ...*



Menu



## Full crew Sample Menu daily

### Breakfast daily

#### Every breakfast will consist of

Selection of fresh whole fruit ranging from apples, pears, oranges, bananas  
 Fresh tropical fruit platter or fruit salad  
 Selection of different muesli and cereals  
 A selection of yogurt (coconut, passionfruit, Greek, berry)  
 A mixture of breads – multigrain, whole meal, white and gluten free

#### One hot item daily from a selection that includes

Breakfast wrap- scrambled egg, bacon and spinach  
 Ham - cheese croissants  
 Tomato and cheese croissants  
 Rich creamy free range scrambled eggs with, tomato, onion & cheese  
 Free range fried eggs with bacon and tomatoes  
 Breakfast burrito with baby spinach, eggs, bacon and avocado  
 Baked beans served with breakfast sausages  
 Free range fried eggs with hash browns & bacon  
 Hot cakes served with maple syrup and bacon  
 Breakfast frittata with bacon, shallots mushrooms and spinach  
 Mixture of toasted breakfast Turkish bread with eggs, bacon and vegetarian options

#### Hot Lunch *one hot item per day*

Typically, a hot item such as:  
 Beef burgers with lettuce, Tomato, cheese, pickle and burger sauce.  
 Chicken burgers with lettuce, Tomato, cheese, pickle and burger sauce.  
 Roast Beef in seeded mustard  
 Beef Tacos with spiced beef, grated cheese, lettuce, shallot, tomato, mushroom, capsicum, carrot.  
 Roast Chicken  
 Chicken Burritos with spiced chicken, grated cheese, lettuce, shallot, tomato, mushroom, capsicum, carrot.  
 Duck & plum spring rolls with Asian noodle salad  
 Roast Pork with Caraway stuffing  
 Battered fish & chips

#### Salads

#### A selection of two of the following

Potato salad  
 Pasta salad  
 Coleslaw  
 Fresh garden salad  
 Greek salad

A selection of breads and butter





### Dinner

*A selection of 2 hot items daily plus a vegetarian option. This would be a wet dish and an item from the following:*

Honey ginger soy chicken with coriander  
 Rib fillet steaks  
 Balsamic onions  
 Chinese barbeque Pork belly spare ribs  
 Stir fry vegetables with tofu and cashew nut  
 Stir fried vegetarian rice  
 Oso Bucco  
 Lamb shanks

Wet dish options  
 Thai Chicken green curry  
 Beef Lasagne  
 Irish Stew  
 Goulash  
 Beef madras curry  
 Penne Bosciola  
 Stroganoff  
 Spaghetti Bolognaise  
 Pori Pori Chicken  
 Chinese barbeque Pork belly spareribs

### Salads

*A daily salad from the following selection*

Butternut Pumpkin, pine nut, feta and baby spinach salad with seeded mustard dressing  
 Coleslaw with coriander and Japanese sesame dressing  
 Green garden salad  
 Greek salad  
 Potato salad  
 Rocket Pear and parmesan salad

Dinner rolls with butter

Every meal would have vegetarian options and other dietary requirements would be handled on an individual basis.

